

10th Grade Manzanar Fieldwork

Wednesday, May 1st to Friday, May 3rd, 2019



Fieldwork:

10th-grade students will be engaging in adventure activities and curriculum in support of the Surviving and Thriving Expedition during a two-night, three-day camping trip on the East Side of the Sierra Nevada Mountains. The Fieldwork will center around a visit to the Manzanar National Historic Site. Other activities will include a day hike as well as curriculum that directly aligns to the 10th-grade expedition.

Transportation:

All SAEL students will be transported by SAEL staff or approved parent drivers.

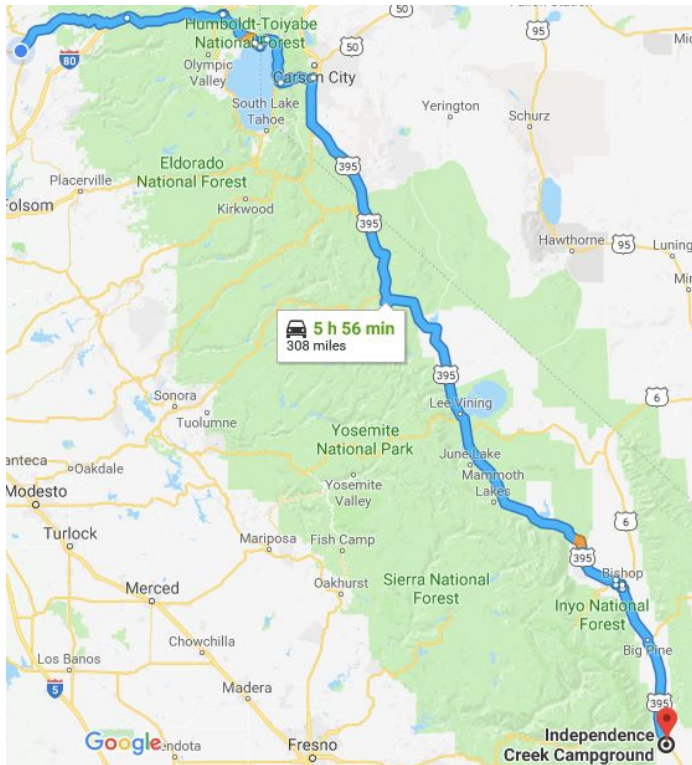
Drop off:

Students need to be at SAEL at **8:00 am** on Wednesday, May 1st.

Pick-up:

Students will return to SAEL on Friday, May 3rd. Approximate return time is 4:00 pm

Logistics:



Our trip will start with a 6 hr drive with stops along the way for lunch and bathrooms.

Locations:

Independence Creek Campground:
Independence, CA 93526

Manzanar:
5001 US-395, Independence, CA 93526

Trailhead:
To Be Determined

We will be camping at Independence Creek Campground outside the town of Independence, CA



We will spend most of the day Thursday touring the Manzanar National Historic Site and debriefing the experience back at camp.

We will spend the afternoon on Wednesday going for a hike in the Eastern Sierra



Adventure Gear & Clothing Recommendations:

We are car camping. Students can bring their own adventure equipment if they have it. For example, students may bring their own large bag, tents and sleeping pads and bags, headlamps...etc. SAEL will provide stoves, pots/pans and fuel.

Students will be provided with the following equipment if they do not have their own.

- Sleeping Bags (please bring your own if you have it)
- Sleeping Bag Liners
- Sleeping Pads
- Head Lamps
- Tents

Personal Items Required:

We will be outside the majority of the time. We will be at around 4000 feet in elevation. The average highs and lows for early May are 80°F and 50°F. Students will need to bring clothing that allows them to be comfortable around camp, at Manzanar and while going for a day hike. This should include:

- Hiking shoes or boots
- Warm jacket
- Long pants
- Shorts
- Warm hat
- Long sleeve layer/shirt
- Short sleeve shirt
- Socks + extras
- Thermal / long underwear
- Toiletries
- Sunglasses and sunscreen
- Plate, bowl, spoon, folk
- Water bottle
- Notepad, pen/pencil
- Daypack/school backpack

Food:

Students must bring their own food on this fieldwork. Students will be provided class time to work within self-selected food groups to develop a menu and shopping list. There will be limited space in vehicles. Students need to pack food and gear efficiently so we have enough room for everyone's stuff.

Please contact Mr. Berry if you cannot provide lunch.

Medication:

All medication must be detailed on the Extended Medical Form AND on the Medication Required During School Hours Form. These forms must be fully filled out and on file in the SAEL Main Office in advance of fieldwork. Students should check in their meds with Mr. Berry on the morning of the trip to ensure our records match the bottle dosage, prescription, and correct medication type. ANY medication (prescription or over the counter) requires an official doctor's note or prescription to be on file in the main office for it to be allowed with us on fieldwork.

Safety:

Mr. Berry is a Wilderness First Responder certified. This means he is First Aid, CPR, and AED certified. Mr. Berry will be directing this program using the latest, best practices in Adventure Education.

Sleeping:

Students will be sleeping in tents in small groups in order to ensure our entire group is visible at all times. Students will also be separated by gender. This means students of different genders will not share a shelter and will not be allowed into each other's shelters at any time. SAEL staff will support the experience to ensure everyone is properly monitored.

We will ensure all bathroom use will happen in separated bathrooms areas at the campground and with privacy in the backcountry while hiking. If families have questions, concerns, or would like to discuss gender identity and how this plays a role in the field, please reach out to Mr. Berry directly if you have not already done so.

Personnel:

Mr. Berry will be the Field Director. He will organize and coordinate this experience. Ms. Crane will be the main point of contact back at SAEL. She will keep her phone on at all times in order to receive updates from Mr. Berry's cell phone or the SAEL Satellite Phone if needed.

Families will also be able to contact her in emergency situations. SAEL personnel in the field and students in the field will not be focusing on updating parents back at home. They will be immersed in the experience and will therefore not be reaching out with updates home unless there is an emergency.

Parent/Guardian Contact:

We ask that families do not visit students during this fieldwork. (We know it is farther away this time, but parents have still pulled it off before!). This is a school program that is intended to support student growth and achievement. It is essential that students are allowed to be fully immersed in the experience. Please do not intend on seeing or speaking with your child during this experience, unless it is an emergency in which case you should contact Ms. Crane. **NO REGULAR CONTACT WILL BE MADE TO HOME UNLESS IT IS AN EMERGENCY.** Also, please do not expect regular updates from any personnel in the field or Ms. Crane as the experience develops unless it is an emergency. There may be some positive social media posts with pictures, but these are not intended to be official updates for families that are coming at any regular interval. Please reach out to Ms. Crane if you have questions or concerns about this policy.

What Not To Take:

Chromebooks and other school electronic devices are not NECESSARY on this trip
SAEL accepts no responsibility for lost or damaged electronics/gear.

- Knives/utility tools with knives
- Matches/lighters, fire starting equipment

All banned/illegal/controlled substances or anything outlined as inappropriate for school in our SAEL Student and Family Handbook and/or Ed Code. All school rules apply in the field as it is school.

Phone Coverage and Safety:

There is limited cell phone coverage at our camp location, but this is not guaranteed. Mr. Berry has a Satellite Phone that will allow us to always communicate with the group in the field. We do not want students or parents to depend on daily check-ins. Pictures may be posted on Facebook and the website, but daily calls will not be made home. If a parent needs to contact a student for an emergency, please call Principal Erica Crane (at SAEL during regular school hours or on her cell phone after hours). If there is any issue in the field, Mr. Berry will contact Ms. Crane and she will contact families. If your child contacts you while she or he is on Fieldwork please encourage them to stop contacting you and to turn the phone over to Mr. Berry. SAEL accepts no responsibility for lost or damaged electronics on Fieldwork

Contact Information:

SAEL: 530-268-2200

Erica Crane's Cell Phone (for emergencies only after school hours): 203-725-8875